

Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

“Connecting People with Christ through Worship, Relationships & Service”

RIGHT NOW YOU HAVE PLENTY
AND CAN HELP; AT ANOTHER
TIME THEY CAN SHARE WITH YOU



WHEN YOU NEED IT. ² COR. _{8:14}

Sixth Sunday after Pentecost

June 30, 2024

Senior Pastor: David Bode (flcpastor@foothillslutheran.com)	DPS: Deaconess Miriam Winstanley (miriam@foothillslutheran.com)
Associate Pastor: Eric Moffett (flcpastoreric@foothillslutheran.com)	Office Administrator: Carol Kehler (office@foothillslutheran.com)
Pastor Emeritus: Eldon Ohlinger	

A Prayer Upon Entering: O Healing Savior, as we and the people around us encounter illnesses and injuries, may Your words of comfort come to mind: "Do not fear, only believe." May our trust in You to help us in our time of need carry us through every difficulty of body and soul.

O Great Physician, uplift and restore Your people, according to Your will.

OUR WORSHIP TODAY

ORDER OF SERVICE: Divine Service 1; p. 151
HYMNS905; 559; 809; 965; 739; 738; 643
FIRST LESSON:..... Lamentations 3:22-33
EPISTLE LESSON: 2 Corinthians 8:1-9, 13-15
GOSPEL LESSON: Mark 5:21-43
SERMON: No Need for Fear – Mark 5:36

WELCOME TO ALL OF YOU in the name of our Saviour, especially the visitors who have joined us this morning. If you do not have a church that you call home, we invite you to make Foothills your spiritual home. Amid the trials and tribulations of life it's good that we can come to our Lord for strength through His Word. Please introduce yourself to the Pastors and sign our guest book before leaving today.

WE CELEBRATE HOLY COMMUNION TODAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.

SERVING IN GOD'S HOUSE TODAY

Organist..... Deaconess Miriam Winstanley
Ushers..... Robert Kubke; Heather Sommers
Lector Nora Jarowicz
Communion Assistants..... Rob Kaut; Brian Kehler
AV Operator..... Evan Stene

THIS WEEK AT FLC

Monday		<i>Canada Day – Office Closed</i>
Tuesday	6:30 pm	Elders
	7:00 pm	Ladies Walk & Devotion
Wednesday	6:30 pm	Midweek Worship/Communion
Thursday	10:00 am	VBS Training
	1:30 pm	Ladies Bible Study
Sunday	9:00 am	Adult Bible Study
	10:15 am	Worship/Communion

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound:

For Special Intercession:

Family Focus:

A LOVING REMINDER: Sunday is our time to worship as a family in Christ the Lord who has done all things for us. This is true for our staff, too. We do ask that the office related needs and work items be reserved for our work days, not our worship days. We thank you for allowing our staff to worship with you. They will respond to your needs as soon as possible during the week.

Our financial stewards may also be working in the office, working to give proper attention to the gifts and offerings given by God's people. If the office door is closed, please do not disturb the counters, so that they can complete their tasks in a timely and efficient manner.

PASTOR ERIC ON MENTAL HEALTH LEAVE: We ask you to pray for him and his family, that God would provide healing and strength. If you wish to contact him to provide encouragement, please do so with a written card in the mail to his home address or placed in his church mail slot, or via email. If you have any questions about the leave, please ask any of the Elders. Please also pray for God's guidance and strength for those who are covering for Pastor Eric and working to help progress the healing process.

LAST WEEK AT FLC

Week of	Sunday	Education Hour	Wednesday
June 23	89	3	8/8

**Attendance includes online participation*

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$7,404.00	Our Budget Goal \$385,000
Envelope Gifts Received Last Week	\$2,195.00	
Envelope Gifts Received to Date	\$178,174.00	+/- YTD
Total Offerings Needed to Date	\$185,096.15	-\$6,922.15

Non-Budget/Miscellaneous Gifts: Plate 20.00; Visitor 420.00; Sunday School 10.00; LWMLC 50.00; Fellowship 200.00; Hope Mission 145.00.

VACATION BIBLE SCHOOL: Registration is filling up for “A Week with Jesus”, our summer Vacation Bible School, running the mornings of **July 22-26**. Complete a copy of the registration (available on the Welcome Desk) or register online at <https://www.foothillslutheran.com/ministries/christian-education/vbs2024/>



MISSION OF THE MONTH: HOPE MISSION

Hope Mission exists to serve, strengthen and uplift men, women, youth and children through the life-changing gospel of Jesus Christ. Working in the Forest Lawn area of Calgary, they provide meals and care to people in need. Much of the effort provides for children. Your gifts help them help others in need.

THE LUTHERAN HOUR: "An Eager Conversationalist!" Guest Speaker: Rev. Keith Haberstock. The Holy Spirit empowers us to open our mouths and share Jesus, so that all might have what none of us deserve (Acts 17:16-31). Hear this inspirational message on CHRB 1140 AM at 8:00 and/or CJLI-The Light-700 AM at 9:30 Sunday mornings. Streaming audio and podcasts are available at www.lutheranhour.ca.

MISSION PRAYER: This week, we pray for **Rev. David Milette** who serves as pastor of *l'Eglise luthérienne du Bon Berger* (Good Shepherd Lutheran Church) in Moncton, New Brunswick. He also provides support for LCC's French Ministries. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Milette, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



STAMPEDE BREAKFAST this year is going to be a little different. Due to a number of factors, we won't be able to host it during the Calgary Stampede. It will instead be shifted to Rally Sunday as a LUNCH (September 8) for this year. We understand this may disappoint some, but we hope that we will still have many energetic volunteers to help with this event! Please plan to invite family members, friends and neighbours. A sign-up sheet is now available on the Fellowship bulletin board.



WE REJOICE with Kellen and Kristy Rosenau at the birth of their daughter, Hadley Eliana. We pray that God would continue to watch over and bless this precious gift and grant His blessings to this family.

WE ALSO EXTEND OUR BELATED CONGRATULATIONS to Curtis Rosenau and Jena Lewis, who were united in holy marriage on June 8th. As they begin their lives together as husband and wife, we pray that they would know the love of God in their lives, and that they would always find joy in their lives together through His great love for us

OUR REFUGEE SPONSORSHIP EFFORT: As we did several years ago, we are working to sponsor a family—in this case, one with ties to our congregation. Some of the needs for this have changed, and we need to have funds on deposit with Canadian Lutheran World Relief before this work can begin. We are looking for your support as we seek to show Christian love and care for this family. You can make your gift by simply marking it, “Refugee Sponsorship”.

A VBS REQUEST: We are looking for those stretchy bags that you get oranges, onions, shallots, avocados, etc. packaged in. Please leave them in my mailbox and thank you for your help!!! ~ Christine Heumann

OUR “SILVER SAINTS” PLANNING GATHERING took place with 8 members in attendance and another 11 expressing interest who were unable to attend. We will be sending out a survey to our members that shares some of the information we discussed, and looking at the ways we can come together in the fall to share in the fellowship we enjoy as brothers and sisters in Jesus Christ. If you have any questions or thoughts, please feel free to share them with Deaconess Miriam or Pastor Bode!

WHILE SUNDAY SCHOOL HAS ENDED FOR THE SUMMER, we are continuing to have Bible study at 9:00 on Sunday mornings. We invite you to join us for this time together around God's Word.

BADLANDS PASSION PLAY Saturday, July 6th. For more details, including charter bus information, see the poster on the bulletin board near the kitchen.



CANADA DAY: On this Canada Day weekend we pause to give thanks to God for His blessings. This is a good land, and we are blessed to live here. It is also a land that needs the blessings that only God can provide, so we ask that His Spirit, at work in His

Word, would lead many to know and honour Him as Lord of All Lands.



FROM THE VOTER'S MEETING: Along with receiving the reports of the congregation's work over the past year, we also elected new officers to the Parish Planning Council and to our Board of Elders. Our officers for the coming year will be:

President	vacant
Vice President	Hans Dueck
Treasurer	Robert Heumann/Rick Goebel
Elders	Rob Kaut; Brian Kehler; Robert Kubke; Rick Nelson; Lorne Rosenau; Austin Voss
Evangelism	vacant
Fellowship	Heather Sommers
Stewardship	Dale Dusterhoft
Human Care Ministries	vacant
Education	Trevor Heumann
Church Properties	vacant
Recording Secretary	Barb Vincent
Financial Secretary	Gary Ring

We thank all those who have served us. We pray that God will raise up among us willing workers, to help us in our mutual service to one another.

You will notice that we still have vacancies on several boards. Please consider the ways you can serve the Lord and His church, as we use our gifts together to the glory of His name.

Our Lutheran Worship: The Hymns

On this hymn sing Sunday, we look at the blessing of hymns in our worship. Music can be a wonderful expression of God's truth, and it is a blessing to be able to respond to God's grace through the gift of music. We frequently begin our worship with a hymn that may introduce the theme of the day, or give praise to God for the privilege of gathering together in worship. Often called a Hymn of Invocation, we call upon the Lord to bless us and be with us and to open our hearts and minds to His Word.

All the hymns will reflect the sermon and the theme of the day. They should proclaim God's grace, and they give thanks to Him for His love to us in Christ. What a joy it is to raise our voices in prayer and praise through the faithful hymnody of the church.



Growing FAITH at home

PROPER 8

YEAR B

Jesus has
power to help in
time of trouble.



growministries
LGA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au

Sunday between
June 26 and July 2
(if after Trinity Sunday)



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. How has Jesus helped you when you have felt worried, sad or afraid?
2. Have you ever felt "stuck"? Have you ever thought "I don't know how I'm going to do this, or get through this"? Share about those times.
3. A life of faith does not always experience happy, joyous times. How does your faith keep you going when things aren't going well?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

- | | | |
|----------|-----------------------------|---------------------------------|
| S | Mark 5:21-43 | Jesus heals and raises to life |
| M | Lamentations 3:22-33 | There is still hope |
| T | 2 Corinthians 8:7-15 | Generous giving |
| W | Galatians 5:1-15 | Christ gives freedom |
| T | John 16:16-24 | Sorrow will turn to joy |
| F | Jeremiah 31:10-14 | The Lord offers hope |
| S | Psalms 30 | God turns mourning into dancing |

VERSE OF THE WEEK

"Don't be afraid, just believe."

MARK 5:36



CREATIVE RESPONSE

Touch is a very important God-given way of expressing love and care for others.

In fact, science has shown that as humans we need the touch of others to stay healthy in body, mind and spirit.

In your household prayer times this week, hold hands as you pray.

Talk together about how you might use other forms of healthy and positive touch in your home e.g. hugs, "high fives", or blessings.



ACTION RESPONSE

The woman who touched Jesus' cloak and was healed was an "outsider" amongst her own people: her illness meant that others saw her as "unclean" and avoided her.

Discuss together:

"Who are the 'outsiders' in our society and in our community, that is, the people that are often looked down upon or left out?"

Are there any people in our church who might feel this way sometimes?"

Decide on one act of kindness that you, as a household, can do for someone who may be feeling left out in some way.



MEALTIME PRAYER

With this food you make us strong.

To you our life and love belong.
Thanks be to you,
O God! Amen.



PRAYER

Lord God, thank you that your mercy is new every day. Your endless love is amazing. Amen



BLESSING

May the Lord Jesus give you faith when you are afraid and peace when you are suffering.