

Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

Office Hours: Monday – Thursday 9:30 am-1:00 pm.

“Connecting People with Christ through Worship, Relationships & Service”



Seventh Sunday after Epiphany

February 23, 2025

Education Hour.....9:00 am
Morning Worship (Holy Communion: 1st, 3rd and 5th Sundays) 10:15 am
Wednesday Evening Worship..... 6:30 pm

Senior Pastor: David Bode – flcpastor@foothillslutheran.com
Associate Pastor: Eric Moffett – flcpastoreric@foothillslutheran.com
DPS: Deaconess Miriam Winstanley – miriam@foothillslutheran.com
Office Administrator: Amber Myers – office@foothillslutheran.com
Pastor Emeritus: Rev. Eldon Ohlinger

A Prayer Upon Entering: You gave us instructions, O Lord, on how to treat one another. Help us, O Lord, to obey these teachings by being humble and helpful, loving and patient, forgiving and kind. May others see in our actions the wonderful ways in which You have treated us.

O Caring Christ, may we always follow Your example.

OUR WORSHIP TODAY

ORDER OF SERVICE: As projected

HYMNS: . Lord Have Mercy; 725; Because of Your Love; In Christ Alone; 700

FIRST LESSON:..... Genesis 45:3-15

EPISTLE LESSON:.....1 Corinthians 15:21–26, 30–42

GOSPEL LESSON:.....Luke 6:27-38

A JOYOUS WELCOME to all who worship here this morning. May you find forgiveness and strengthening through God's Word and promise. If you are visiting, please honour us by signing our guest book at the back of the church. If there is any way we can be of service to you, please speak to the pastor or one of the elders. If you have no church home of your own, please consider making Foothills your church.

WE CELEBRATE HOLY COMMUNION WEDNESDAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.

SERVING IN GOD'S HOUSE TODAY

- Music.....Hannah Edel (Organ); Contemporary Musicians
- Ushers.....Elfrieda Heiden; Tim Roth
- Lector Brian Vincent
- Acolyte Adam Hohm
- AV/Powerpoint Operators..... Evan Stene; Morgan Alcock
- Coffee Team..... Michelle Funke; Violet Dusterhoff

THIS WEEK AT FLC

Monday	12:00 pm	LWML-C Meeting
	7:00 pm	Foothills Direction Committee Meeting
Tuesday	10:00 am	LifeLight Bible Study
	7:00 pm	Ladies' Bible Study
Wednesday	6:30 pm	Midweek Worship with Holy Communion
	7:30 pm	Elders' Meeting
Thursday	1:30 pm	Ladies' Bible Study
Sunday	9:00 am	Education Hour
	10:15 am	Sunday Worship

IN OUR PRAYERS THIS WEEK:***In Hospital:******Homebound:******For Special Intercession:******Family Focus:******PASTOR BODE'S RETIREMENT: Sunday, March 2***

Pastor Bode is retiring after nearly 43 years of faithfully serving our God and His people in the Office of the Ministry. He has requested that we acknowledge and recognise this milestone with only a lunch after the service on March 2. Everyone is invited to stay for a catered light lunch and celebration cake. The congregation will be presenting a retirement gift to Pastor Bode. If you would like to contribute towards this gift, you will find an envelope in your mailbox and in the pew hymnal racks labelled "A Gift for Pastor Bode's Retirement". Place your envelope in the offering plate or in Deaconess Miriam's mailbox. E-transfers will also be accepted; please indicate in the message box "Pastor Bode's Retirement Gift."



LAST WEEK AT FLC

**Attendance includes online participation.*

Week of	Sunday/Communed	Education Hour	Wednesday
February 16	127/81	N/A	11

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$7,692.31	Our Budget Goal
Envelope Gifts Received Last Week	\$5,742.00	
Envelope Gifts Received to Date	\$38,844.00	+/- YTD
Total Offerings Needed to Date	\$53,846.15	-\$15,002.15

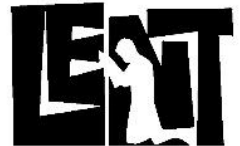
Non-Budget/Miscellaneous Gifts: Plate 17.00; Visitor Offerings 20.00; Lutheran Hour Ministries 350.00; LWML-C 10.00.



THE FLOWERS are given in memory of Rick Bennetts (Michelle Heumann's father) and Iain Graham (Christine Heumann's father).

ONCE AGAIN, WE DRAW NEAR TO THE SACRED SEASON OF LENT, which begins on **Ash Wednesday, March 5**. We will hold special services to lead us to the cross and a deeper appreciation of all that our Saviour has done for us in His death and resurrection. Our theme is *The Blessings in the Blood of Jesus*, and we will be examining what Jesus' blood has accomplished as told in the book of Hebrews.

We will again have a Lenten rotation, sharing together with St. Matthew Lutheran, Lutheran Church of the Good Shepherd, and Shepherd of Peace Lutheran. Pastors will be travelling to each church to share a sermon each week. Our services begin each **Wednesday at 6:30 pm**. We hope you will join us.



LENT BIBLE STUDY – MEANS OF GRACE: On **Monday nights, beginning March 10 through April 7 at 7pm**, and on **Tuesday mornings from March 11 through April 8 at 10am**, we'll be gathering for a special Bible study on the Means of Grace, which are the ordinary, simple things that God uses to demonstrate His grace to us. Please sign up for either Monday evenings or Tuesday mornings on the Board of Christian Education bulletin board, or contact the church office, so we have enough materials for everyone.

THE LADIES OF FOOTHILLS LWMLC SOCIETY will be meeting downstairs on **Monday February 24th at noon** with a social time, followed by a Bible study, and then a brief business meeting. All ladies are welcome to join us!

SUNDAY SCHOOL: “A Revealing Truth” is the Bible lesson for this week. On Easter afternoon, Jesus joins two disciples discussing the events of the past week in Jerusalem while on their way to Emmaus. Along the way, Jesus interprets the Old Testament prophecies concerning Himself. Arriving at Emmaus, the disciples suddenly recognize Jesus, who then disappears from sight. The disciples quickly return to Jerusalem to share their amazing account. Discuss how you, too, can share this amazing story.

MISSION OF THE MONTH LUTHERAN HOUR MINISTRIES

Lutheran Hour Ministries (LHM) is a trusted resource in global media that equips and engages a vibrant volunteer base to passionately proclaim the Gospel with people around the world. We partner with churches and individuals like you to carry the Good News of Jesus into more than 60 countries, including places where foreign missionaries cannot enter. Here at home, you can find our flagship broadcast, The Lutheran Hour®, on radio stations nationwide, SiriusXM’s Family Talk channel, or your favorite streaming provider.

THE LUTHERAN HOUR: (March 2) "**It's Best to Be with Jesus**" with Lutheran Hour Speaker: Rev. Dr. Gregory Seltz. Life was not meant to be a do-it-yourself project. We need God's help, His strength, His gifts. (Luke 9:28-36). Hear this inspirational message on CHRB 1140 AM at 8:00 or CJLI-The Light-700 AM at 9:30 Sunday mornings, or at www.lutheranhour.ca.

MEALS ON WHEELS VOLUNTEER DRIVERS NEEDED: As a partner of this organization, we support delivering meals to people in all walks of life. We pickup and deliver **Thursday mornings** from a drop-off location in the NE and deliver to approximately 7 households. This takes about 1+1/2 hours. If you would like to know more about this Human Care Ministry mission, please contact Christine at (403) 710-8347 or christineheumanncgy@gmail.com. Thank you in advance for considering this mission.



MISSION PRAYER: This week, we pray for **Rev. David Milete** who serves as pastor of *l'Eglise luthérienne du Bon Berger* (Good Shepherd Lutheran Church) in Moncton, New Brunswick. He also provides support for LCC's French Ministries. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Milete, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**

FELLOWSHIP – SERVING: Why are the coffee teams pouring your coffee/tea/juice instead of having self serve?

1 Peter 4:10 states "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms." The coffee teams want to use their gift of hospitality and serve you, our church family. It also gives us the opportunity to touch base with you and make you feel welcome!



FELLOWSHIP GOODIES - NO NUTS PLEASE: We usually have goodies after service for our fellowship time, but the cupboard is pretty bare right now. If you would like to contribute, please ensure there are no nuts in the baking or items that you bring. We had a recent accidental extreme allergy exposure and want to ensure everyone is safe going forward. Thank you for your support in this. If you have any questions, please contact Heather Sommers.

KITCHEN CLEANING: Do you have some spare time to help clean the kitchen? Tasks we could use help with include: cleaning the coffee carafes, changing various filters, cleaning the fridge, wiping stoves out and other miscellaneous jobs (no floor cleaning involved). If you have availability in the first two weeks of March, or have questions, please contact Heather Sommers at (403) 829-2366.



ANNUAL WALK, RUN OR ROLL FOR LOVE: Walk, run or roll through Confederation Park on **Saturday, April 26** to benefit **Lutheran Hospital Ministries**. Sponsor a Walker or Runner / Support by Donations.

8:30 am Registration at Faith Lutheran Church, 1903 – 19 Avenue NW, Calgary.

9:30 am Walk, Run or Roll Begins. Dress for the weather. Drinks and snacks will be provided. Pledge forms and course map available from the office or at

www.lhmsa.ca.

GOD'S PROMISES FOR ME: Our summer VBS is scheduled for the mornings of July 21-25. Online registration will open soon! Volunteer teachers, helpers, and activity leaders are needed. Please contact Deaconess Miriam for more information!

THANK YOU! To everyone who contributed delicious dishes and helping hands to make the LOVE Pot Blessing we celebrated last week such an enjoyable time spent with our church family.



Growing
FAITH
at home

SEVENTH
SUNDAY AFTER
EPIPHANY

YEAR C

**Do to others
as you would
like them to
do to you**



growministries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. Talk about a time someone showed kindness and forgiveness toward you.
2. Tell about a time you showed kindness and forgiveness toward someone.
3. What makes it easy or difficult to show forgiveness to someone else?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	Luke 6:27-38	The golden rule
M	Gen 45:3-11, 15	Joseph reveals himself
T	1 Cor 15:35-38,42-50	The resurrection body
W	Genesis 43: 16-34	Joseph is kind to his brothers
T	Romans 8: 1-11	Life in the Spirit
F	1 John 2: 7-17	A new commandment
S	Psalms 37:1-11,39-40	Trust in the Lord and do good

VERSE OF THE WEEK

*Bless those who curse you.
Pray for those who hurt you.*

LUKE 6: 28



CREATIVE RESPONSE

Make a coupon book for someone in your family or for your household.

Have coupons for the day to day jobs that no one really likes to do. For example –

THIS COUPON IS FOR ONE FREE
VACUUM OF THE HOUSE.

THIS COUPON IS FOR ONE DAY OF
DISHES TO BE DONE BY ME.

Then think of some other ideas for coupons of things you could do for someone else in your family or for a friend or neighbour. For example –

THIS COUPON IS FOR A FREE WEEDING
OF YOUR GARDEN.

THIS COUPON IS FOR ONE FREE CAR WASH.



MEALTIME PRAYER

May this food give us strength and fill our physical bodies. May your Spirit fill our hearts so we can be forgiving to others. Amen.



PRAYER

God of mercy, let us follow the way of Jesus and do to others as we would want others to do to us. Amen.



ACTION RESPONSE

Sometimes it is difficult to love everyone. Jesus tells us to love our enemies and pray for them.

Think of someone who it is hard for you to like. Take time to pray for that person and to ask Jesus to help you love that person.



BLESSING

May the Lord rescue you from all your enemies and be your hiding place in time of trouble.