

Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

Office Hours: Monday – Thursday 9:30 am-1:00 pm.

“Connecting People with Christ through Worship, Relationships & Service”



*MASTER.
it is good
for us
to be here*

L U K E 9 : 3 3

The Transfiguration of Our Lord

March 2, 2025

Education Hour..... 9:00 am
Morning Worship (Holy Communion: 1st, 3rd and 5th Sundays) 10:15 am
Wednesday Evening Worship 6:30 pm

Senior Pastor: David Bode – flcpastor@foothillslutheran.com

Associate Pastor: Eric Moffett – flcpastoreric@foothillslutheran.com

DPS: Deaconess Miriam Winstanley – miriam@foothillslutheran.com

Office Administrator: Amber Myers – office@foothillslutheran.com

Pastor Emeritus: Rev. Eldon Ohlinger

A Prayer Upon Entering: Shine in our hearts, Transfigured Lord. Warm us with Your love. Brighten our lives with Your grace. And surround us with Your glory day after day.

Glorious Savior, may Your light bring us new life.

OUR WORSHIP TODAY

ORDER OF SERVICE: Divine Service 3, p 184

HYMNS: 798 (1-4, 8-9); 414; 415; 417; 621; 611; 810

FIRST LESSON:.....Deuteronomy 34:1-12

EPISTLE LESSON:.....Hebrews 3:1-6

GOSPEL LESSONLuke 9:28-36

SERMON:.....It (Really, Really, Really) Is Good to Be Here – Luke 9:33

A JOYOUS WELCOME to all who worship here this morning. May you find forgiveness and strengthening through God's Word and promise. If you are visiting, please honour us by signing our guest book at the back of the church. If there is any way we can be of service to you, please speak to the pastor or one of the elders. If you have no church home of your own, please consider making Foothills your church.

WE CELEBRATE HOLY COMMUNION TODAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.

SERVING IN GOD'S HOUSE TODAY

- Organist..... Deaconess Miriam Winstanley
- Ushers..... Ellen Wagner; Robert Kubke
- Communion Assistant Kellen Rosenau
- AcolyteElliana Legroulx
- AV/Powerpoint Operators..... Barb Vincent; Derek Kiefer
- Coffee Team..... Heather Sommers; Christian Kuhl; Zach Heywood;
- Robb McLean; Hannah Edel; and Michael Vivek

THIS WEEK AT FLC

Today		Pastor Bode’s Retirement Lunch
Monday	7:00 pm	PPC Meeting
Tuesday	10:00 am	Bible Study
	5:30 pm	Shrove Tuesday Pancake Supper
Wednesday	6:30 pm	Ash Wednesday Worship/Communion
Thursday	1:30 pm	Ladies’ Bible Study
	6:00 pm	Children’s Choir
Sunday	9:00 am	Education Hour
	10:15 am	Sunday Worship
	11:45 am	Faith at Home: Technology Boundaries

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound

For Special Intercession

Family Focus:



PASTOR BODE’S RETIREMENT: Pastor Bode is retiring after nearly 43 years of faithfully serving our God and His people in the Office of the Ministry. We give thanks to God for His gift of this faithful shepherd who has been with us for nearly 14 years. Please join us for lunch following the service as we observe this milestone and express our gratefulness to a dearly loved pastor.

FOOT PRINT: The March/April 2025 Foot Print newsletter is available on the Welcome Desk and includes a farewell message from Pastor Bode. A big thank you to Carol Kehler for helping to complete this publication.

THE FLOWERS TODAY are given by Pastor and Brenda Bode to the glory of God and in thanksgiving of His blessings to the congregation over the past 14 years.

LAST WEEK AT FLC

**Attendance includes online participation.*

Week of	Sunday	Education Hour	Wednesday/Communed
February 23	142	34	19/17

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$7,692.31	Our Budget Goal
Envelope Gifts Received Last Week	\$5,157.00	
Envelope Gifts Received to Date	\$44,001.00	+/- YTD
Total Offerings Needed to Date	\$61,538.46	

Non-Budget/Miscellaneous Gifts: Plate Offerings 65.00; Visitor Offerings 25.00; Sunday School Offerings 15.00 Lutheran Hour Ministries 50.00; FLC Youth 20.00; Refugee Sponsorship 250.00.



SHROVE TUESDAY PANCAKE SUPPER: Please consider joining us on Tuesday evening at 5:30, as our FLC Youth graciously host supper with pancakes and ham in the Fellowship Hall. A gluten free option is available! Please sign up on the Youth bulletin board.

ONCE AGAIN, WE DRAW NEAR TO THE SACRED SEASON OF LENT, which begins on **Ash Wednesday, March 5.** We will hold special services to lead us to the cross and a deeper appreciation of all that our Saviour has done for us in His death and resurrection. Our theme is *The Blessings in the Blood of Jesus,* and we will be examining what Jesus' blood has accomplished as told in the book of Hebrews.

We will again have a Lenten rotation, sharing together with St. Matthew Lutheran, Lutheran Church of the Good Shepherd, and Shepherd of Peace Lutheran. Pastor Eric will be leading worship on Ash Wednesday. Our services begin each **Wednesday at 6:30 pm.** We hope you will join us.



LENT BIBLE STUDY – MEANS OF GRACE: On **Monday nights, beginning March 10 through April 7 at 7pm,** and on **Tuesday mornings from March 11 through April 8 at 10am,** we'll be gathering for a special Bible study on the Means of Grace, which are the ordinary, simple things that God uses to demonstrate His grace to us. Please sign up for either Monday evenings or Tuesday mornings on the Board of Christian Education bulletin board, or contact the church office, so we have enough materials for everyone.

GOD'S PROMISES FOR ME: Our summer VBS is scheduled for the mornings of July 21-25. Online registration is now open on our website at www.foothillslutheran.com! Volunteer teachers, helpers, and activity leaders are needed. Please contact Deaconess Miriam for more information!



SUNDAY SCHOOL: The Bible lesson this week is “An Ascending Truth.” During His last days on earth, Jesus instructs His disciples, preparing them for the challenges that lie ahead. Gathering His disciples on the Mount of Olives one last time, Jesus physically ascends to heaven. Two angels repeat Christ’s promise to return in the same way He ascended into heaven. Discuss, “What great commission does Jesus give His followers?”

MISSION OF THE MONTH - REFUGEE SPONSORSHIP

As we look to our work in support of bringing a refugee family from Afghanistan, we will need financial support for this. While we are just in the beginning stages of this work, we pray that our members will show love and hospitality through their support of this project both in their giving to this mission of the month and in their prayers for this family.

THE LUTHERAN HOUR: (March 9) "**Unless a Grain of Wheat Dies**" with Lutheran Hour Speaker: Rev. Dr. Michael Zeigler Do you want a life that amounts to more than a hill o' beans? Hear how Christ's death and resurrection gives us life with God that can't be measured. (John 12:24)
Hear this inspirational message on CHRB 1140 AM at 8:00 or CJLI-The Light-700 AM at 9:30 Sunday mornings, or at www.lutheranhour.ca.



MISSION PRAYER: This week, we pray for **Rev. Luis Antonio Dias Turcios** who serves as pastor of Emmanuel Lutheran Church and Lutheran Church Star of Bethlehem in Chinandega.

Prayer: Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Turcios, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**

THE STANDARD: Lutheran Church–Canada (LCC) has released a new issue of The Standard, a publication which keeps members up to date on the work of synod since the last national convention. Visit:

<https://www.lutheranchurchcanada.ca/wp-content/uploads/sites/11/2025/02/cl4001-The-Standard-January-February-2025.pdf>

KITCHEN CLEANING: Do you have some spare time to help clean the kitchen? Tasks we could use help with include: cleaning the coffee carafes, changing various filters, cleaning the fridge, wiping stoves out and other miscellaneous jobs (no floor cleaning involved). If you have availability within these first two weeks of March, or have questions, please contact Heather Sommers at (403) 829-2366.



ANNUAL WALK, RUN OR ROLL FOR LOVE: Walk, run or roll through Confederation Park on **Saturday, April 26** to benefit **Lutheran Hospital Ministries**. Sponsor a Walker or Runner / Support by Donations. **8:30 am** Registration at Faith Lutheran Church, 1903 – 19 Avenue NW, Calgary. **9:30 am** Walk, Run or Roll Begins. Dress for the weather. Drinks and snacks will be provided. Pledge forms and course map available from the office or at www.lhmsa.ca.

OPERATION CHRISTMAS CHILD: Christmas may seem a long way off, however shoebox items can be purchased all year – especially when after-season items go on sale (Valentine’s Day, Easter, etc.). You can find stuffies, toys, clothes and more for up to 75% off. Please consider shopping for this as we go through the year. ~*Elke Bittman*

NEW PARISH PLANNING COUNCIL MEMBER AND FINANCIAL SECRETARY: Thank you to a couple of members who have volunteered their time to fill some positions in our congregation. Christine Heumann has accepted the role of Chair of the Board of Human Care Ministry. Christine has done this job in the past and will do a great job for us. Hans Dueck has accepted the role of Financial Secretary. The Financial Secretary is responsible for organizing a committee for counting and recording of our offerings. Hans is taking over this role from Gary Ring who has done this job for a number of years. A big thank you to Gary for his years of service and also to Hans and Christine for stepping into these roles for the future. **THANK YOU ON BEHALF OF ALL OF US!**

FAMILY EASTER EGG-DECORATING is back! Come to the church on Holy Saturday, April 19th, from 10:00 am to 11:15 am to decorate Easter eggs together. We’ll have some fun decorating, followed by a special egg hunt for the children and a short devotion. Bring boiled eggs that you would like to decorate, and we’ll have some eggs to decorate for the church’s Easter breakfast. Decorating materials will be provided. Please let Deaconess Miriam know by March 24 if you are planning to come!





Growing
FAITH
at home

TRANSFIGURATION
SUNDAY

YEAR C

Listen to Jesus



GrowMinistries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What is the difference between hearing and listening? Why is it important to listen to others?
2. God the Father tells us to listen to his Son, Jesus (read Luke 9:34-35). What does it mean to listen to Jesus?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	Luke 9:28-43	Jesus is transfigured
M	Exodus 34:29-35	The radiant face of Moses
T	2 Corinthians 3:12 – 4:2	The new covenant
W	Matthew 6:1-6,16-21	Giving, praying and fasting
T	Zechariah 7:4-10	Justice, mercy and compassion
F	Joel 2:1-2,12-18	A call to repentance
S	Psalms 99	The Lord reigns

VERSE OF THE WEEK

*A voice came from the cloud.
It said, "This is my son, and I have
chosen him. Listen to him."*

LUKE 9:35



CREATIVE RESPONSE

Ash Wednesday marks the first day of Lent. The association of the day with ashes goes back to the 6th century. For centuries, Christians have received ashes on the head as a reminder of mortality and a sign of sorrow for sin. To mark the beginning of Lent, set aside a period of time this week to 'unplug' from technology and luxuries. Choose not to watch TV, and to use computers and other electronic devices for leisure purposes. Eat simple foods and drink only water. Have a time of silence in your household during which you reflect on the gifts of God and your relationship with him.



MEALTIME PRAYER

Lord God, please join us at this meal we pray, bless our food and work today. Make us reflections of your light, filled with what is good and right. Amen.



PRAYER

Lord God, reveal the glory of your Son to me. Give me ears to listen to him and eyes that look to him alone. Amen.



ACTION RESPONSE

The day before Ash Wednesday is called Shrove Tuesday. The name 'shrove' comes from the practice of being 'shriven' – going to church to confess your sins and receive absolution – before the start of Lent.

Shrove Tuesday is also sometimes called Pancake Tuesday or Fat Tuesday, because households used up their remaining eggs and fats before Lent by making pancakes. Observe Shrove Tuesday with a pancake breakfast or dinner.



BLESSING

May God's Spirit make you more and more like Christ.