

# Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 [www.foothillslutheran.com](http://www.foothillslutheran.com)

**Office Hours: Monday – Thursday 9:30 am-1:00 pm.**

*“Connecting People with Christ through Worship, Relationships & Service”*

WORSHIP  
THE LORD  
YOUR GOD  
AND SERVE  
ONLY HIM

L U K E 4 : 8

## *The First Sunday in Lent*

*March 9, 2025*

Education Hour..... 9:00 am  
Morning Worship (Holy Communion: 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Sundays) ..... 10:15 am  
Wednesday Evening Worship ..... 6:30 pm

**Pastor:** Eric Moffett – [flcpastorereric@foothillslutheran.com](mailto:flcpastorereric@foothillslutheran.com)

**DPS:** Deaconess Miriam Winstanley – [miriam@foothillslutheran.com](mailto:miriam@foothillslutheran.com)

**Office Administrator:** Amber Myers – [office@foothillslutheran.com](mailto:office@foothillslutheran.com)

**Pastor Emeritus:** Rev. Eldon Ohlinger

**A Prayer Upon Entering:** O Lord, help us to learn from You how to resist and overcome the devil's evil plans. May we gain strength by reading Your Word. May we gain courage by knowing that You are with us. And may we gain insight by being filled with Your Holy Spirit. In every way, may we make it clear to the devil that we will follow You.

*Our Savior from temptation, thank You for providing us with a way out.*

**OUR WORSHIP TODAY**

**ORDER OF SERVICE:** ..... As projected

**HYMNS:** ..... Holy Is the Lord; Amazing Grace (My Chains Are Gone);  
..... Whom Shall I Fear; The Power Of The Cross; Psalm 46 (Lord of Hosts)

**FIRST LESSON:**..... Deuteronomy 26:1-11

**EPISTLE LESSON:**..... Romans 10:8b-13

**GOSPEL LESSON** ..... Luke 4:1-13

**A JOYOUS WELCOME** to all who worship here this morning. May you find forgiveness and strengthening through God's Word and promise. If you are visiting, please honour us by signing our guest book at the back of the church. If there is any way we can be of service to you, please speak to the pastor or one of the elders. If you have no church home of your own, please consider making Foothills your church.

**WE CELEBRATE HOLY COMMUNION WEDNESDAY** as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service

**A NOTE ABOUT OUR OFFERINGS:** We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: [financials@foothillslutheran.com](mailto:financials@foothillslutheran.com).

**LAST WEEK AT FLC**

<b>Week of:</b>	<b>Sunday/Communion</b>	<b>Education Hour</b>	<b>Ash Wednesday/ Communion</b>
March 2	205/169	44	64/63

**SERVING IN GOD'S HOUSE TODAY**

Music..... Contemporary Musicians  
 Ushers..... Anne-Marie Kothari; Tobi Stene  
 Lector ..... Stacey Bablitz  
 Acolyte..... Maliya Chan  
 AV/Powerpoint Operators..... Eden/Paxton Knudtson; Ralf Hinterleitner  
 Coffee Team..... Hans, Kelly, Faith, and Aneilia Dueck  
 Greeters ..... Gail and Dale Dusterhoft

**THIS WEEK AT FLC**

<b>Today</b>	11:45 am	Faith at Home: Technology Boundaries
<b>Monday</b>	7:00 pm	Lent Bible Study
<b>Tuesday</b>	10:00 am	Lent Bible Study
	1:30 pm	Craft-Tea Party
	7:00 pm	Ladies' Bible Study
<b>Wednesday</b>	6:30 pm	Lenten Worship with Holy Communion
<b>Thursday</b>	1:30 pm	Ladies' Bible Study
<b>Sunday</b>	9:00 am	Education Hour
	10:15 am	Sunday Worship with Holy Communion
	12:00 pm	Faith at Home: Forgiveness in the Family

**IN OUR PRAYERS THIS WEEK:**

***In Hospital:***

***Homebound:***

***For Special Intercession:***

***Family Focus:***

**LENT BIBLE STUDY – MEANS OF GRACE, BEGINS THIS WEEK:** On Monday nights, March 10 through April 7 at 7pm, and on Tuesday mornings from March 11 through April 8 at 10am, we'll be gathering for a special Bible study on the Means of Grace, which are the ordinary, simple things that God uses to demonstrate His grace to us. Please sign up for either Monday evenings or Tuesday mornings on the Board of Christian Education bulletin board, or contact the church office, so we have enough materials for everyone.

**THE FLOWERS** which grace the altar are given by Pastor and Brenda Bode to the glory of God and in thanksgiving of His blessings to the congregation over the past 14 years.

**OUR STEWARDSHIP OF GOD'S GIFTS**

Weekly Offering Needs	\$7,692.31	<b>Our Budget Goal</b>
Envelope Gifts Received Last Week	\$12,462.00	
Envelope Gifts Received to Date	\$56,463.00	<b>+/- YTD</b>
<b>Total Offerings Needed to Date</b>	<b>\$69,230.77</b>	<b>-\$12,767.77</b>

**Non-Budget/Miscellaneous Gifts:** Plate Offerings 223.00; Visitor Offerings 40.00; Sunday School Offerings 25.00 Lutheran Hour Ministries 25.00; LWML-C 40.00; FLC Youth 10.00; Refugee Sponsorship 10.00.

**SAGE PROPERTIES CORP. SHARES:** This week we received the final payout in the amount of \$172,499.10 for the redemption of our remaining shares. Next steps for the Designated Funds Committee includes calculating the final amounts for the refund to the building donors that opted for a refund - roughly \$60,000. After that we need to prepare reports to CRA.

**PASTOR ERIC HAS RECEIVED A CALL:** Pastor Eric has been called to St. John's Lutheran Church in Beach Corner, AB. Please pray for him and his family during this time of deliberation. Please pray for the congregations of St. John's and Foothills as he wrestles with the calls he holds to both congregations, and for all congregations who are vacant and looking for their next worker in God's kingdom.

**PANCAKE SUPPER:** Oh, what a night! Thanks to all those who came out this past Tuesday to support our youth as they look forward to attending the many youth gatherings put on throughout synod. We had 58 people come through the doors on Tuesday night and we raised \$483 and change. Special thanks to Deaconess Miriam who made sure all us "kids" didn't fall off the rails.



**JOIN US WEDNESDAYS** for our special services during this Lenten season to remember and give thanks for all that our Saviour has done for us in His death and resurrection.

Our theme is *The Blessings in the Blood of Jesus*, and we will be examining what Jesus' blood has accomplished as told in the book of Hebrews. The pastors of our circuit will join us to share a sermon each week. Our services begin each **Wednesday at 6:30 pm**.

This week we will welcome Pastor David Dressler from Lutheran Church of the Good Shepherd. We hope you will join us for these services.

***LENTEN DEVOTIONALS AVAILABLE:*** Provided by Lutheran Layman's League of Canada. Please visit the welcome desk for your copy.

***GOD'S PROMISES FOR ME:*** Our summer VBS is scheduled for the mornings of **July 21-25**. Online registration is now open on our website at [www.foothillslutheran.com](http://www.foothillslutheran.com)! Volunteer teachers, helpers, and activity leaders are needed. Please contact Deaconess Miriam for more information!



***SUNDAY SCHOOL:*** "A Telling Truth" is the Bible lesson for this week. With the sound of a rushing wind and tongues of fire, the promised Holy Spirit descends on the disciples. As they speak "in other tongues" (Acts 2:4), their hearers, from a multitude of nations, hear about "the mighty works of God" (v. 11) in their own languages. Beginning with Old Testament prophecies, Peter's sermon proclaims Jesus, the promised Messiah. Discuss, "How did Pentecost change the Church forever?"

#### **MISSION OF THE MONTH - REFUGEE SPONSORSHIP**

As we look to our work in support of bringing a refugee family from Afghanistan, we will need financial support for this. While we are just in the beginning stages of this work, we pray that our members will show love and hospitality through their support of this project both in their giving to this mission of the month and in their prayers for this family.

***SILVER SAINTS - ARMCHAIR TRAVELOGUE:*** The third event in our Armchair Travelogue series will be in the fellowship hall on **March 18 at 1:30pm**. This month we will see and learn about Iceland, the beautiful country of fire and ice. This is a unique land where you can walk in an extinct lava tube, see a Lutheran cathedral, and watch a glacier calving chunks of ice into the ocean. Enjoy the experience over a cup of hot tea or coffee.

***THE LUTHERAN HOUR:*** (March 16) "Light of the World" with Lutheran Hour Speaker: Rev. Dr. Michael Zeigler. Jesus is the Light of the world. However, He sometimes keeps that light out of the visible range. We can't see it, but it changes what we see. (John 8:12)

Hear this inspirational message on CHRB 1140 AM at 8:00 or CJLI-The Light-700 AM at 9:30 Sunday mornings, or at [www.lutheranhour.ca](http://www.lutheranhour.ca).

***ANNUAL WALK, RUN OR ROLL FOR LOVE:*** for **Lutheran Hospital Ministries**, takes place at Confederation Park on **Saturday, April 26**. See the office or LHM's website for details, [www.lhmsa.ca](http://www.lhmsa.ca).



**MISSION PRAYER:** This week, we pray for **Rev. Cesar Augusto Galeano** who serves as pastor for the Church Luterana Jesus Our Savior in Santa Patricia, Nicaragua.

**Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Galeano, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**

**THE STANDARD:** Lutheran Church–Canada (LCC) has released a new issue of The Standard, a publication which keeps members up to date on the work of synod since the last national convention. Visit:

<https://www.lutheranchurchcanada.ca/wp-content/uploads/sites/11/2025/02/ci4001-The-Standard-January-February-2025.pdf>

**CONCORDIA LUTHERAN MISSION SOCIETY-ANNUAL GENERAL MEETING:** You are invited to join in the CLMS Annual General Meeting by Zoom on **Sunday, April 6** at 3 p.m. PDT 4 p.m. MDT 5 p.m. CDT 6 p.m. EDT. We will hear reports on the mission work of CLMS and the generous gifts of our donors. Contact Pastor Mark Lobitz by email at [mclobitz@gmail.com](mailto:mclobitz@gmail.com) if you would like the Zoom Link for the Meeting.

**NEW PARISH PLANNING COUNCIL MEMBER AND FINANCIAL SECRETARY:** Thank you to a couple of members who have volunteered their time to fill some positions in our congregation. Christine Heumann has accepted the role of Chair of the Board of Human Care Ministry. Christine has done this job in the past and will do a great job for us. Hans Dueck has accepted the role of Financial Secretary. The Financial Secretary is responsible for organizing a committee for counting and recording of our offerings. Hans is taking over this role from Gary Ring who has done this job for a number of years. A big thank you to Gary for his years of service and also to Hans and Christine for stepping into these roles for the future. **THANK YOU ON BEHALF OF ALL OF US!**

**FAMILY EASTER EGG-DECORATING** is back! Come to the church on **Holy Saturday, April 19<sup>th</sup>, from 10:00 am to 11:15 am** to decorate Easter eggs together. We'll have some fun decorating, followed by a special egg hunt for the children and a short devotion. Bring boiled eggs that you would like to decorate, and we'll have some eggs to decorate for the church's Easter breakfast. Decorating materials will be provided. Please let Deaconess Miriam know by **March 24** if you are planning to come!





Growing  
**FAITH**  
at home

FIRST  
SUNDAY  
IN LENT

YEAR C

Overcoming  
temptation



Grow Ministries  
LCA CHILD YOUTH & FAMILY MINISTRY



[www.growministries.org.au](http://www.growministries.org.au)



## CONVERSATIONS

*Share your highs and lows, or respond to the following:*

1. Share about a time when you felt tempted. What happened?
2. How did the devil tempt Jesus? How did Jesus respond?
3. What can we learn from the way Jesus responded?



## BIBLE READINGS

*Read the following Bible readings throughout this week.  
Talk about what words or phrases stand out for you.*

<b>S</b>	<b>Luke 4:1-13</b>	The temptation of Jesus
<b>M</b>	<b>Deuteronomy 26:1-11</b>	First fruits and tithes
<b>T</b>	<b>Romans 10:8b-13</b>	Jesus is Lord
<b>W</b>	<b>Luke 22:39-46</b>	Jesus on the Mount of Olives
<b>T</b>	<b>James 1:2-18</b>	Trials and temptations
<b>F</b>	<b>Genesis 39</b>	Joseph resists temptation
<b>S</b>	<b>Psalms 91:1-2, 9-16</b>	He is my refuge and my fortress

## VERSE OF THE WEEK

Jesus replied, "The Scriptures say,  
'You must worship the LORD your  
God and serve only him.'"

LUKE 4:8





## CREATIVE RESPONSE

Lent is a season of the church year when we give particular focus to prayer.

As a household, pray for specific things each day of the week over Lent.

Here are some ideas:

**Sunday** – for pastors and other church workers, and for the ministry of your congregation. (Ask them if they have needs you could specifically pray for.)

**Monday** – for missions and missionaries.

**Tuesday** – for friends and neighbours, and for those who don't know Christ.

**Wednesday** – for political leaders and world peace.

**Thursday** – for colleagues at work or school.

**Friday** – for your relatives.

**Saturday** – for personal needs or concerns.

You may want to print or write up your chosen schedule and post it where all household members can see.



## MEALTIME PRAYER

Thank you God for our bread that feeds us and for your word that fills our hearts. Amen.



## PRAYER

Lord, make us strong when we are tempted to do wrong. Help us to do what is right and good. Amen.



## ACTION RESPONSE

As a household, consider giving up a treat food or activity for Lent.

Each week put into a tin the amount of money saved through this sacrifice. Decide on a charitable cause to donate the money to at the end of Lent.



## BLESSING

May God bless you with his love and may God rescue and protect you.